HAPPY GAS SUPPORT

WAYS TO SUPPORT YOUR CHILD UNDERGOING DENTAL TREATMENT SUCCESSFULLY WITH HAPPY GAS (RELATIVE ANALGESIA)

1. In order to get most cooperation from younger children, we suggest scheduling appointments in the morning and not at nap times when they may be irritable

2. Avoid language such as "your so brave" which may indicate to your child that there is something frightening. This includes avoiding making comments about "pulling teeth out", "drills" or "needles"

3. Prior to the visit, have a discussion about which parent brings the child to their visit, usually the less anxious parent is more the supportive person. Children can sense your own dental anxiety which may affect their behaviour on the day

4. Sit next to your child's legs, with one hand resting on the child's shin. This way they feel you close, but not impeding on the space of the operator. If you don't want to watch the procedures, simply put your head down so you are looking at the floor

5. Trust the experienced operators looking after your child, try not to talk over them to your child. They have specific training in how to communicate to your child calmly and effectively to help gain cooperation

6. A quiet, calm environment is best. If your child enjoys reading, sitting with a book to read to them out loud will help your child focus on their parents familiar voice

7. Do not bring your child into their visit if they have a blocked nose, they will be required to breathe deeply through their nose for the Happy Gas to be effective

8. Consider "pre-med" – an oral sedative administered about 30 mins prior to the treatment which has calming or "sleepy" effects

Should you have any further questions or concerns, please do not hesitate to contact us on 07 3831 5677 or email buzz@kidsdental.com.au